



Ruth A.F. Sonke
Sr. Benefits Consultant
Employee Benefits Division



Ruth A.F. Sonke is a Sr. Benefits Consultant with The Glatfelter Agency. She has devoted her career to helping businesses navigate the highly complex, costly and changing health and benefit insurance environment.

Since 1996 Ruth has partnered with hundreds of local, regional and national businesses, consulting and brokering their employee benefit packages. She specializes in mid sized fully insured accounts and large self funded plans. She possesses an in depth knowledge of plan offerings, industry trends, and has close relationships with insurance executives and underwriters, vital to negotiating economical yet rich employee benefits packages.

Ruth was born and raised in Bavaria, Germany. She obtained her undergraduate degree from York College of Pennsylvania, graduating magna cum laude with a Bachelor of Science in Management. Ruth is licensed in Life and Health Agent, Property & Casualty Agent, and is a member of the National Health Underwriter Association.

The Glatfelter Agency is the local retail division of Glatfelter Insurance Group, with offices in the Susquehanna Commerce Center East in downtown York, Pennsylvania. The Glatfelter Agency is a full-service agency providing a wide array of commercial and personal insurance products, benefits packages, and risk management solutions to more than 6,300 clients in Central Pennsylvania and Northern Maryland.